



Mess.rs *Name and Surname*
Activity Manager: *Name and Surname*

Name and Surname Born on *date*

Clinical tests to be conducted before:
DATE
Notice nr. ...
Previous notice sent on: *date*

Subject: Health surveillance pursuant to article 41 - Legislative Decree 81/2008.

Health surveillance, a measure aimed at protecting the health and safety of workers, requires some mandatory clinical tests and a medical examination for the formulation of a medical fitness opinion, as laid down by art. 41 paragraph 1 letter a) of Legislative Decree 81/2008. For this reason, considering your personal profile of activity and exposure to occupational risk and taking into account the health protocol deemed suitable for assessing the state of health according to the specific risks that has been defined by the University Physician, **we kindly invite you to:**

▶ **CONDUCT THE CLINICAL TESTS listed in the attached ticket, by the specified date.**

Where to undertake the examinations: Friuli Coram (www.coram.it) – via T. Ciconi n. 10 in Udine.

Opening hours: from Monday to Saturday, from 7.30 am to 10.00 am. No booking needed.

Documents to be delivered: deliver the attached ticket to the Friuli Coram reception, without which it will not be possible to perform the service.

How to prepare for the examinations

blood test: before undergoing the blood test, it is essential to fast for 8-12 hours.

urine test: to carry out the urine test, use only the special wide-mouth sterile containers, which can be purchased in pharmacies or supplied by Friuli Coram. It is possible to deliver a pre-filled special container to Friuli Coram; alternatively, the test can be carried out directly on site at Friuli Coram, using the provided container.

Immediately after completing the clinical tests (examinations valid for 90 days)

▶ **BOOK AN APPOINTMENT FOR THE MEDICAL EXAMINATION**

by calling **0432 876026** (opening hours on weekdays: 10-12 / 17-19).

▶ **SHOW UP FOR THE MEDICAL EXAMINATION**

at the Practice of the Physician designated by the University, c/o Integrated prevention and protection services
Via del Cotonificio n. 114 (ground floor) – Udine.

If it is your first examination, we kindly remind you to bring and deliver the following to the Physician:
a **passport-sized photo**; copy of a **currently valid tetanus vaccination** certificate; copy of the medical records referred to any clinical tests previously conducted.

If you contracted Covid19 which required hospitalisation, we kindly ask you to bring and deliver the relevant documentation and medical records to the Physician.

Please note that those who do not undergo the health surveillance, in the manner and within the terms laid down by the health protocol drawn up by the Physician, will not be able to carry out the study, research and teaching activities for which the medical fitness opinion is required.

Anti-Covid security measures

The **use of a surgical mask or FFP2 type device** is recommended on the University premises in case of direct contact with other people and in particular **during medical examinations**. It is recommended to adhere to the instructions and safety measures published online: <https://prevenzione.uniud.it/coronavirus>.

We remain at your disposal for any clarification. Kind regards

on behalf of the University Physician
Silvia Pusiol

Person responsible for the procedure: Eng. Gino Capellari

Process compiler: Silvia Pusiol

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